



QUALIFICATIONS

- Szent István University - Economist in Human Resource Management – Corporate Consulting Specialization
- Magyar Tranzakcióanalitikus Egyesület & European Association for Transactional Analysis – Transaction analysis self-knowledge and basic training completed, professional training in progress
- Csoportanalitikus Kiképző Társaság – Group analysis training in progress

PROFESSIONAL EXPERIENCE

- 2017 - Valoro Consulting Kft. – Consultant, trainer
- 2017 - Lélek Központ Baja, Psychology and Counseling Center - Founder, leader

SELECTED REFERENCES

- IT Services Hungary – Time management, meeting moderation techniques, stress management, collaboration development trainings, assessment center, development center, individual team coaching processes
- Evosoft Hungary – Collaboration development, time management, stress management, development of effective meeting moderation in an agile culture, advocacy
- SMR Automotive – Development of leadership role and communication
- EuropAssistance – Stress management
- Nemzeti Közművek – Group moderation training, time management training, basics of project management training, collaboration development, 360 degree survey
- MVM Zrt. – Virtual team leadership, virtual project management, DISC trainings
- Lélek Központ Baja – Personal efficiency training, self-knowledge workshop, transaction analysis based communication training, stress management training
- OTP Bank - Development of e-learning materials (time management, motivation, DISC)
- Auchan – Network research
- KIKÁ – 360 degree survey, project management of department head development
- Hungaropharma – Development Center
- OTP Faktoring – Development Center

What inspires you at work?

What inspires me are those moments during a development process when there is an "aha!" feeling, as well as the continuous results and feedback after each of our project.

In addition, I am very enthusiastic about the professional team I work with, the partners and clients with whom our common goal is to create something lasting, and our leaders who support these and strive within Valor to create everything that makes organizational development workable and thus credible.

LOVAS SZABOLCS

TRAINER, CONSULTANT

Professional competencies

- Project management
- Assessment Center / Development Center
- Improving personal and team effectiveness
- Cooperation development
- Stress management
- E-learning development